**UROLOGICAL ASSOCIATES OF CENTRAL JERSEY**

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***What is a CYSTOSCOPY?***

The doctor has ordered you a cystoscopy. A cystoscopy is a procedure that is performed to diagnose, monitor, or treat a condition that is affecting your bladder and urethra. Typically, a cystoscopy is done in the office and is performed using a thin tube with a light on the end known as a cystoscope. Before entering the room, you will be asked to empty your bladder. Once in the room, you will be asked to remove your pants and underwear and a gown will be given to you to cover up. Your top may be kept on. During the procedure, you will be awake and will be receiving only local anesthesia (lidocaine gel) via your urethra. You will then be asked to let the lidocaine work by allowing the gel to absorb before the procedure starts. The doctor may ask that this procedure be performed in the hospital, depending on what needs to be done. If this is performed in the hospital, you will receive anesthesia.

The doctor will insert the scope through your urethra and into your bladder so your bladder and urethra can be visualized. The doctor will be able to explain to you what he sees once the procedure is finished. You are able to drive to and from the procedure ***only***if it is performed in the office.

The day of your procedure **you may eat, drink and take your medications as you normally do.** If you are on any blood- thinners, we will let you know if you need to stop them before hand.

**You will be prescribed an antibiotic to take preventatively:**

The day before the procedure

The day of the procedure

The day after the procedure

The most common side effects of a cystoscopy is hematuria, which is blood in the urine. It is beneficial to drink a lot of fluids after the procedure. ***It is important for you to call the office immediately if you develop:***

1. Fever

2. Chills

3. Bright red blood

4. Intense pain

If you have any further questions, feel free to call Caryann, Dr. Noh's nurse.